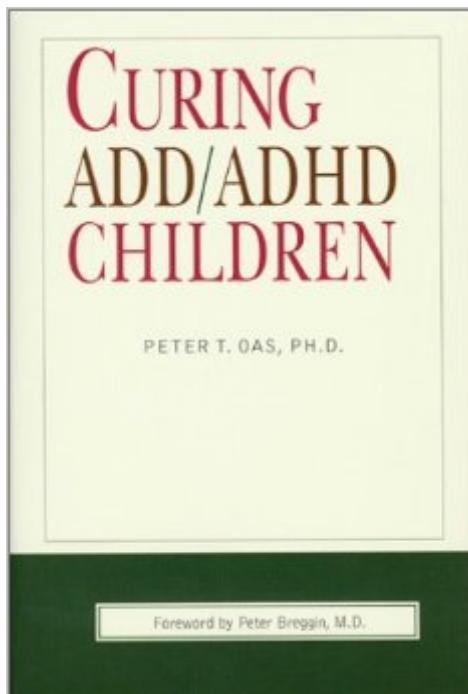


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# Curing ADD/ADHD Children



## **Synopsis**

In Curing ADD/ADHD Children, Dr. Peter T. Oas relates his experience as a researcher and a successful clinician to take readers on a journey into his personal experiences in therapy with parents and ADD/ADHD behaving children. Dr. Oas's work is scholarly, yet easy to read. He applies a refreshingly unique solution to current controversies about ADD/ADHD using the voice and experience of reason and common sense. The book is filled with personal anecdotes, as well as quotations from parents and professionals, that resonate with what he believes most parents, teachers and others intuitively sense about ADD/ADHD. The development of a child's capacity to attend, reflect, maintain self-control, and act calmly is a normal task for all parents to accomplish. ADD/ADHD is a behavioral response in all toddlers, and parents are required to teach non-ADD/ADHD behavior. While the official diagnosis of ADD/ADHD is completely behaviorally based, and its causes rooted in a child's early experiences, others misinform parents that ADD/ADHD is a biologically based disease or neurological disorder that is incurable.

## **Book Information**

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## **Customer Reviews**

As a mother of three. I, like everyone else who has more than one child would agree that all children are different. Taking the responsibility as a parent to differentiate the differences in them takes a lot of time. What works for one doesn't necessarily work for the others. I appreciate Dr. Oas's courage to be so straightforward about his findings and beliefs. It is a breath of fresh air to hear that we as parents do still indeed have authority. I do not understand people not wanting to take that role.

Children find a lot of security when mom and dad take authority. My thanks goes out to Dr. Oas for giving us this information. Oh how we as a generation could HEAL our children. Let us all step up to plate and be great parents. This is a must read book. Thank you Dr. Oas

As an experienced clinician I appreciate it when another clinician has the courage to talk clearly with parents about the situations they are facing and are trying to do their best to support and protect their children. We live in a world with unlimited distractions and irrelevancies which can undermine the best of parental efforts. Dr. Oas plows thru these with clear observations, accompanied by his rational, so parents aren't required to do what he says just because "he says so". As the Director of a Child Guidance Center I previously encouraged parents to read Hiam Ginott's book, Between Parent and Child. Now, I can add this straight talking book of Dr. Oas. Goodness knows, parents who are concerned and confused need affirmation, encouragement, good resource information and hope that their children can come out of the difficulties they are struggling with. I have confidence in these two books and recommend them with minimal reservation. They are great aids to parents and other helping professionals. Edwin F. Koepp, M.Sc.

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This is the first book on this subject that focuses on CURING Attention Deficit Disorder. What a novel idea! Dr. Oas expertly demonstrates how this non medical condition does not have to be "grown out of," medicated away or adjusted to. It can actually be cured. A whole generation of drugged kids can learn how to be non-ADHD and become what all parents want their children to be: Competent, secure and well adjusted members of society. He backs up his claims with responsible research, hands on experience and professional expertise. A super job by a phenomenal practitioner!

Dr. Oas has firmly stated his thoughts about ADD/ADHD in his book. I have personally visited Dr. Oas with my children and have found his "techniques" helpful. However, the book is not a "how-to" book. Rather, it is a scholarly work documenting the dangers of medicating children and the future consequences of doing so. Dr. Oas teaches parents how to raise respectful, obedient, attentive children who will grow up to be respectful, attentive, successful adults. I would like to see Dr. Oas write a "how-to" book for parents who are unable to travel to the Florida panhandle to visit him.

What an eye opening experience! Curing ADD/ADHD Children is a refreshing book about actually "curing" ADD/ADHD without using drugs as a temporary fix it. Dr. Oas provides examples of his own ADD/ADHD cases and how he has cured patients. His knowledge of good parenting and teaching techniques provides readers with the knowledge to help their children without the use of drugs. After reading this book, parents with ADD/ADHD children will realize that they have choices - Drugs or discipline & consistency. This is a must read book. Thank you Dr. Oas for providing an alternative to drugs.

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